Living Life With FASD

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Learn all you can about Fetal Alcohol Spectrum Disorders
Invent new and different parenting skills
Venture out of the box
Initiate support for your child and family
Nurture your child and the child in you
Grieve for what your child and family have lost

Laugh a lot
Identify the Invisible Gap
Find the joy, humor and blessing in every moment
Expectations-change yours to fit their needs and abilities

Watch constantly - for safety and for the little things you may miss
Inspire your child to be the best they can be
Treasure your child for who they are
Hope!

Faith
Attitude - change yours not theirs
Share your knowledge and experiences
Dream new dreams for your child and family